

# Oxygen Therapy



## Therapy Centre

Hyperbaric Oxygen Therapy (HBOT)



**For any long term or neurological condition**

[www.hertsmsttherapy.org.uk](http://www.hertsmsttherapy.org.uk)

# Oxygen Therapy

Would you like more energy?

Are you in pain?

Is your brain foggy?

## Oxygen Therapy may help you.

Many people find that Oxygen Therapy gives them:

- More energy
- Reduced pain
- Clearer thinking
- Faster healing
- Decreased swelling and inflammation

Oxygen Therapy means the delivery of pure oxygen under gentle pressure, also known as Hyperbaric Oxygen Therapy.

It can help people with neurological conditions including MS, Fibromyalgia and CFS/ME, also Cancer, Diabetes and stubborn infections and ulcers. Inflammatory conditions like Arthritis, Autism and Cerebral Palsy can also respond well to Oxygen Therapy.

*"The day after my treatment I feel so much better. I'm walking faster and I can think more clearly. Plus – I've met some great people."* Sharon H, 2016

## Try Oxygen Therapy for FREE

You are welcome to try your first Oxygen Therapy for free. Call Claire on 01462 684214 to book your session.

Our Oxygen Therapy service is available seven days a week. Sessions are for up to six people and last around an hour. You are welcome to use our Wi-Fi during your treatment - iPads etc. are welcome!

We've provided over 68,000 oxygen treatments since 1988. Our highly-trained team will look after you throughout your session.

Call Claire to find out more and book **your free session**.

To find out more search online for  
**'hyperbaric herts'**

To arrange a visit, contact  
Mark or Claire on **01462 684214**

Hertfordshire Multiple Sclerosis Therapy Centre  
[www.hertsmstherapy.org.uk/oxygen-therapy](http://www.hertsmstherapy.org.uk/oxygen-therapy)

Registered Charity No: 299524 Registered Company No: 2215165  
Registered Office: 30 Campus Five, Letchworth Garden City, Hertfordshire SG6 2JF